



Services offered:

- ~a monthly support group meeting~
- ~a quarterly newsletter~
- ~telephone, email and one-on-one support & referrals~
- ~resources on healthy subsequent pregnancy~
- ~website with links to other subsequent pregnancy support sites~



"You can clutch the past so tightly to your chest that it leaves your arms too full to embrace the present."

~Jan Glidewell~

Angel Whispers

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Angel Whispers is proud to operate under the umbrella of the

Fort Saskatchewan

Families First Society

www.familiesfirstsociety.ca

Angel Whispers



Subsequent Pregnancy Support



Why a support group? Becoming pregnant again after losing a baby is very exciting! However, some families discover that the excitement of subsequent pregnancy becomes clouded by anxiety and fear their loss will be repeated. Despite assurances from their loved ones and health care providers, this fear can sometimes become overwhelming.



Angel Whispers is based on the fundamental belief that a healthy way to cope with this anxiety is to obtain information on healthy pregnancy, to be encouraged by others who have had the same experience, and to learn concrete strategies to prepare for a successful pregnancy and birth experience.



Angel Whispers offers a monthly support group meeting for families who are expecting again. These small group meetings are facilitated by parents and social workers who have had a healthy subsequent pregnancy. Our resource library is open at the meetings and the kettle is always on.



About Angel Whispers... Angel Whispers is a program of Families First Society of Fort Saskatchewan. It was created by three moms in the Edmonton area who have experienced the loss of their baby, one shortly after birth, one through miscarriage, and one through stillbirth. It is non-profit charity and funded primarily through individual donations. Donations are acknowledged in our newsletter in memory of your baby and charitable receipts are issued upon request.

"Hope is the thing with feathers that perches on the soul and sings the song without the words and never stops at all."

~Emily Dickinson~



"Hope is like the sun, which, as we journey toward it, casts the shadow of our burden behind us."

~Samuel S. Smiles~